

# Do I still need this medication?

---

Although medications  
save lives, some may  
become unnecessary or  
even harmful as you age.



# Did you know?

Seniors are five times more likely to be hospitalized due to the harmful effects of their medications.

Source: Canadian Institute for Health Information, 2013

Learn what you can do to prevent medication harms by visiting [deprescribingnetwork.ca](http://deprescribingnetwork.ca)



Canadian Medication  
Appropriateness and  
Deprescribing Network