

Canadian Medication Appropriateness & Deprescribing Network (CADeN) National Meeting 2023

AGENDA

Omni Mont-Royal Hotel, 1050 Sherbrooke Street West, Montréal, QC
Conference rooms: Salons Automne, Été, and Hiver (2nd floor)
November 8th–9th, 2023

Meeting objectives:

- Provide a networking opportunity and forum for dialogue among diverse stakeholders including community leaders, healthcare providers, policy makers, and researchers.
- Share successful national and jurisdictional initiatives that promote the appropriate use of medications.
- Contribute to national work on a pan-Canadian strategy for appropriate use of medications by the Canadian Drug Agency Transition Office.
- Present research, tools, and activities that support regional medication appropriateness initiatives across the country.

Wednesday, November 8th, 2023

Day 1 Morning: CADeN Committee Meetings*		Location
8:00–9:00 a.m.	Registration – CADeN committee members only	Foyer 2 & Salon Automne
8:00–9:00 a.m.	Executive Committee Meeting	Salon Hiver
9:00–9:15 a.m.	Welcoming Remarks & Land Acknowledgement <ul style="list-style-type: none"> • Dr. Jim Silvius, CADeN Executive Director & Senior Medical Director, Provincial Seniors Health and Continuing Care, Alberta Health Services • Dr. Emily McDonald, CADeN Scientific Director & Associate Professor of Medicine, McGill University 	Salon Automne
9:15–10:30 a.m.	CADeN Committee Meetings – Part 1 <ul style="list-style-type: none"> • Public Awareness Committee • Health Care Provider Committee • Research Committee Objectives <ol style="list-style-type: none"> 1. Identify successful projects led by each committee; refer as needed to previous action plan. 2. Conduct SOAR (Strengths/Accomplishments, Opportunities, Aspirations, Results) analysis of each committee's work. 3. Determine priorities moving forward and draft an action plan including projects, tasks, and associated timelines. 4. Prepare a short presentation (~15 minutes) to share the committee's plans and priorities with other committees during Committee Meetings – Part 2. 	Salon Automne & Salon Hiver
10:30–10:50 a.m.	Health Break	
10:50 a.m.–12:00 p.m.	CADeN Committee Meetings – Part 2 <ul style="list-style-type: none"> • Public Awareness Committee • Health Care Provider Committee • Research Committee Objectives <ol style="list-style-type: none"> 1. Present each committee's plans and priorities. 2. Identify projects and areas for collaboration among committees and members. 	Salon Automne
12:00–1:00 p.m.	CADeN Committee Member Lunch	
		Salon Automne

*Sessions held on the morning of November 8th (before 1 p.m.) are open to CADeN committee members only; all other sessions are open to all 2023 National Meeting participants

Wednesday, November 8th, 2023

Day 1 Afternoon: CADeN National Meeting 2023 — Canadian Drug Agency Transition Office Consultations		Location
12:00–1:00 p.m.	Registration – All participants	Foyer 2 & Salon Été
1:00–1:20 p.m.	Welcome Address & Land Acknowledgement <ul style="list-style-type: none"> • Dr. Jim Silvius, CADeN Executive Director & Senior Medical Director, Alberta Health Services • Dr. Emily McDonald, CADeN Scientific Director & Associate Professor of Medicine, McGill University • Connie Newman, Executive Director, Manitoba Association of Senior Communities & CADeN Public Awareness Committee Member 	Salon Été
1:20-1:45 p.m.	Keynote: A National Strategy for the Safe & Appropriate Use of Medications <ul style="list-style-type: none"> • Susan Fitzpatrick, Head, Canadian Drug Agency Transition Office 	Salon Été
1:45–2:35 p.m.	Canadian Drug Agency Transition Office Consultations – Part 1 <ul style="list-style-type: none"> • Canadian Drug Agency Appropriate Use Program Activities 	Salon Été, Salon Automne, Salon Hiver
2:35–2:50 p.m.	Health Break	
2:50–3:30 p.m.	Canadian Drug Agency Transition Office Consultations – Part 2 <ul style="list-style-type: none"> • Research, Evaluation, Results and Reporting 	Salon Été, Salon Automne, Salon Hiver
3:30–3:50 p.m.	Wrap up	Salon Été
3:50-4:00 p.m.	Closing Remarks <ul style="list-style-type: none"> • Dr. Cara Tannenbaum, Departmental Science Advisor, Health Canada 	Salon Été
4:00-5:00 p.m.	Mix & Mingle <i>Oral poster presentations by trainees in medication appropriateness research (judged)</i>	Foyer 2 & Salon Automne

Thursday, November 9th, 2023

Day 2: CADeN National Meeting 2023 – Plant the Seeds for Deprescribing!		Location
7:30–8:15 a.m.	Registration & Breakfast	Foyer 2 & Salon Été
8:15–8:30 a.m.	Welcome & Land Acknowledgement <ul style="list-style-type: none"> • Dr. Jim Silvius, CADeN Executive Director & Senior Medical Director, Alberta Health Services • Dr. Emily McDonald, CADeN Scientific Director & Associate Professor of Medicine, McGill University • Leslie Gaudette, President, Council of Senior Citizens' Organizations of BC & CADeN Public Awareness Committee Member 	Salon Été
8:30–9:45 a.m.	Spotlight on Canada: Medication Appropriateness from Coast to Coast to Coast Short presentations showcasing successful Canadian initiatives to promote medication appropriateness Moderator: Dr. Jim Silvius, CADeN Executive Director & Senior Medical Director, Alberta Health Services <u>Sleepwell</u> <ul style="list-style-type: none"> • Georges Marcoux, Sleepwell Patient Partner & Retired CEO, Port of Belledune • Dr. David Gardner, Professor, Department of Psychiatry, Dalhousie University & CADeN Executive Member <u>ActionADE</u> <ul style="list-style-type: none"> • Johanna Trimble, Patient Champion, Patients for Patient Safety Canada & CADeN Executive Member • Dr. Corinne Hohl, Associate Professor, Department of Emergency Medicine, University of British Columbia <u>MedSafer</u> <ul style="list-style-type: none"> • Dr. Emily McDonald, CADeN Scientific Director & Associate Professor of Medicine, McGill University • Émilie Bortolussi-Courval, Nurse Clinician, PhD candidate <u>SaferMedsNL</u> <ul style="list-style-type: none"> • Linda Oldford, First Vice-President, NL 50+ Federation & Patient Partner • Dr. Justin Turner, Senior Lecturer, Centre for Medicine Use and Safety, Monash University & CADeN Executive Member Objectives <ol style="list-style-type: none"> 1. Showcase successful medication appropriateness initiatives from across the country. 2. Demonstrate how leveraging public leadership and/or interprofessional collaboration is essential to the planning and implementation process. 	Salon Été
9:45–10:30 a.m.	Group Activity: Spark! Big Ideas for Reducing Medication Overload <ul style="list-style-type: none"> • Dr. Andrea Murphy, Associate Professor, College of Pharmacy, Dalhousie University & CADeN Executive Member • Dr. Wade Thompson, Assistant Professor, Faculty of Medicine, University of British Columbia & CADeN Executive Member Objectives <ol style="list-style-type: none"> 1. Build on group energy and creativity to generate ideas to promote appropriate medication use. 	Salon Été

	<p>2. Seek feedback from public members on ideas generated.</p>	
<p>10:30– 11:00 a.m.</p>	<p style="text-align: center;">Health Break & Deprescribing Community Garden Challenge</p> <p>Exhibition Booths:</p> <ul style="list-style-type: none"> ● Canadian Coalition for Green Healthcare & PEACH Health Ontario ● Canadian Medication Appropriateness and Deprescribing Network ● Center for Effective Practice ● Deprescribing.org ● Forbidden Knowledge by Terence Young ● Healthcare Excellence Canada ● Institute for Safe Medication Practices Canada ● MedSafer ● Sleepwell ● RxFiles Academic Detailing ● The Therapeutics Initiative 	<p style="text-align: center;">Foyer 2</p>
<p>11:00 a.m.– 12:00 p.m.</p>	<p><u>Concurrent session 1: Towards reconciliation: Partnering in Indigenous-led Research</u></p> <p>Racism, relationships, and safety in the pharmacy</p> <ul style="list-style-type: none"> ● Verna Arcand, Assistant Director of Education, Alexander First Nation Education ● Dr. Cheryl Sadowski, Professor, Faculty of Pharmacy and Pharmaceutical Sciences, University of Alberta & CADeN Research, Health Care Provider Committee Member <p>Uprooting Pharmacy Education and Research</p> <ul style="list-style-type: none"> ● Rhonda Schooner, Land-Based Healing Cultural Support Worker ● Dr. Larry Leung, Associate Professor of Teaching, Faculty of Pharmaceutical Sciences, University of British Columbia <p>Objectives</p> <ol style="list-style-type: none"> 1. Present the results of research projects evaluating innovative approaches to promoting the appropriate use of medications. 2. Gain important insights into the successes and challenges of medication appropriateness research programs. 3. Learn how Canadian researchers are partnering with Indigenous communities in the decolonization and Indigenization of health programs and resources. 	<p style="text-align: center;">Salon Été</p>
	<p><u>Concurrent session 2: Oral research presentations (short snappers)</u></p> <p>A decade of deprescribing guidelines – what’s up next for deprescribing.org</p> <ul style="list-style-type: none"> ● Dr. Wade Thompson, Assistant Professor, Faculty of Medicine, University of British Columbia & CADeN Executive Member ● Dr. Lisa McCarthy, Associate Professor, University of Toronto & CADeN Executive Member <p>Supporting pharmacists’ communication about deprescribing at the transition of care from hospital to the community: a qualitative study</p> <ul style="list-style-type: none"> ● Katherine Desforges, Clinical Assistant Professor, Faculty of Pharmacy, Université de Montréal <p>Potentially inappropriate prescribing of antipsychotics and patient-facility language discordance in Ontario Long-Term Care (LTC) facilities</p>	<p style="text-align: center;">Salon Automne</p>

	<ul style="list-style-type: none"> Dr. Lise Bjerre, Associate Professor, Department of Family Medicine, University of Ottawa <p>Enhancing Prescription Practices: Overview of British Columbia's <i>Portrait</i> Program</p> <ul style="list-style-type: none"> Dr. Colin Dormuth, Associate Professor, Faculty of Medicine, University of British Columbia <p>Objectives</p> <ol style="list-style-type: none"> Present the results of research projects evaluating innovative approaches to promoting the appropriate use of medications. Gain important insights into the successes and challenges of medication appropriateness research programs. 	
12:00– 12:30 p.m.	<p>Keynote: Pilot Projects and Beyond—the US Deprescribing Research Network Experience</p> <ul style="list-style-type: none"> Dr. Mike Steinman, Professor of Medicine (Geriatrics), University of California & Co-Principal Investigator, US Deprescribing Research Network <p>Objectives</p> <ol style="list-style-type: none"> Explain how medication appropriateness and deprescribing research can be applied to improve patient care. Describe how research funding opportunities can be leveraged to generate research that directly benefits humans (also known as “translational research”). Identify priority areas for advancement of medication appropriateness and deprescribing research worldwide. 	Salon Été
12:30–1:15 p.m.	<p>Networking Lunch</p>	Foyer 2 & Salon Été
1:15–2:15 p.m.	<p>Panel Discussion: Saving the Future from Too Many Pills</p> <p>Moderator: Dr. Barb Farrell, Assistant Professor, Department of Family Medicine, University of Ottawa & CADeN Executive Member</p> <p>Panelists</p> <ul style="list-style-type: none"> Dr. Lalitha Raman-Wilms, Professor and Dean, College of Pharmacy, University of Manitoba & Co-Chair, CADeN Health Care Provider Committee Dr. Myles Sergeant, Executive Director, Canadian Coalition for Green Healthcare Terence Young, Chair, Drug Safety Canada <p>Objectives</p> <ol style="list-style-type: none"> Describe Vanessa's Law and how it can be applied to reduce the risk of adverse drug reactions. Describe approaches to minimize the negative environmental impact of medications. Describe approaches to integrating competencies for deprescribing into health care professional education. Discuss opportunities to maximize the effectiveness of these policies, approaches and strategies to improve medication-related care. 	Salon Été
2:15–2:45 p.m.	<p>Keynote: Inequitable and inappropriate: Solving two problems with one short list</p> <ul style="list-style-type: none"> Dr. Nav Persaud, Canada Research Chair in Health Justice, University of Toronto <p>Objectives</p> <ol style="list-style-type: none"> Understand how inappropriate prescribing and inequitable access are related in Canada. Understand the role of short lists of essential medicines in addressing inappropriate prescribing. Describe the approach and results of the CLEAN Meds clinical trial. 	Salon Été
2:45–3:15 p.m.	<p>Group Activity: Pulling It All Together: Moving from Ideas to Action</p> <ul style="list-style-type: none"> Dr. Lisa McCarthy, Associate Professor, University of Toronto & CADeN Executive Member Dr. Justin Turner, Senior Lecturer, Centre for Medicine Use and Safety, Monash University & CADeN Executive Member 	Salon Été

	<p>Objectives</p> <ol style="list-style-type: none"> 1. Summarize key take-aways from the conference. 2. Identify concrete actions for each participant to promote medication appropriateness in their community/network. 	
<p>3:15–3:30 p.m.</p>	<p>Closing Remarks</p> <ul style="list-style-type: none"> • Dr. Emily McDonald, CAdEN Scientific Director & Associate Professor of Medicine, McGill University 	<p>Salon Été</p>